

# Monthly Special Meals

## January-March

### Winter Luncheon

**Thursday, January 16, 11:45 a.m.**

*Sign-up by Wednesday, January 8*

**Menu:** Stuffed Chicken, Mashed Potatoes,  
Green Bean Casserole, Pie



### Valentine's Day Luncheon

**Friday, February 14, 11:45 a.m.**

*Sign-up by Tuesday, February 5*

**Menu:** Tossed Salad, Roast Beef, Red Skinned Potatoes,  
Green Bean Casserole, Pie

### St. Patrick's Day Luncheon

**Tuesday, March 17, 11:45 a.m.**

*Sign-up by Monday, March 9*

**Menu:** Corned Beef, Red Skin Potatoes,  
Steamed Cabbage, Copper Pennies, Cake



**All meals are \$5.00 (regular meal cost)**

**Register at the center or online: <https://frederickcountymd-gov.3dcartstores.com>**

### Urbana 50+ Adult Community Center

Offering fitness, enrichment & social opportunities for 50+  
301-600-7020, 9020 Amelung Street, Urbana, MD 21704

**Like us on Facebook: [Urbana Senior Center - Frederick County, MD](https://www.facebook.com/UrbanaSeniorCenter-FrederickCountyMD)**

**Email: [UrbanaSeniorCenter@FrederickCountyMD.gov](mailto:UrbanaSeniorCenter@FrederickCountyMD.gov)**  
**[www.FrederickCountyMD.gov/318/Urbana-Senior-Center](https://www.FrederickCountyMD.gov/318/Urbana-Senior-Center)**